



Sláintecare.
**Healthy
Communities**

We Can Quit is a free stop smoking programme, offering group support, one to one support and stop smoking medication.

Register for a course in your area.



Rialtas na hÉireann
Government of Ireland



Rialtas Áitiúil Éireann
Local Government Ireland

Have you
tried to quit
before?

Do you
want support
to quit?

**We Can
QUIT**

Make this stop your last stop