

Ballyphehane Togher Social Prescribing Service



Are you open to
explore activities, meet
new people, feel more
connected and improve
your health
and wellbeing?

To hear more about
this FREE and confidential
service, contact your local
Social Prescribing
Link Worker

Sinead Murphy
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A Community Anchor Project





To find out more about this or other Social Prescribing opportunities in Cork and Kerry, scan this code or call your local Social Prescribing Service.

This service is a part of the Health & Wellbeing Community Referral Programme. Social Prescribing Cork/Kerry and funded by the HSE and supported by the Family Resource Centre National Forum.



**Family Resource Centre
National Forum**
Supporting • Strengthening • Empowering



**ALL IRELAND
SOCIAL PRESCRIBING
NETWORK**