

North Cork Social Prescribing Service



Are you open to explore activities, meet new people, feel more connected and improve your health and wellbeing?

To hear more about this **FREE** and confidential service, contact your local **Social Prescribing Link Worker**

Eithne Foley
Le Chéile Family Resource Centre, Mallow
Phone: 087 7193257.
Email: linkworker@lecheilefrc.ie
Web: www.lecheilefrc.ie
Providing service in CHN 04



To find out more about this or other Social Prescribing opportunities in Cork and Kerry, scan this code or call your local Social Prescribing Service.

