

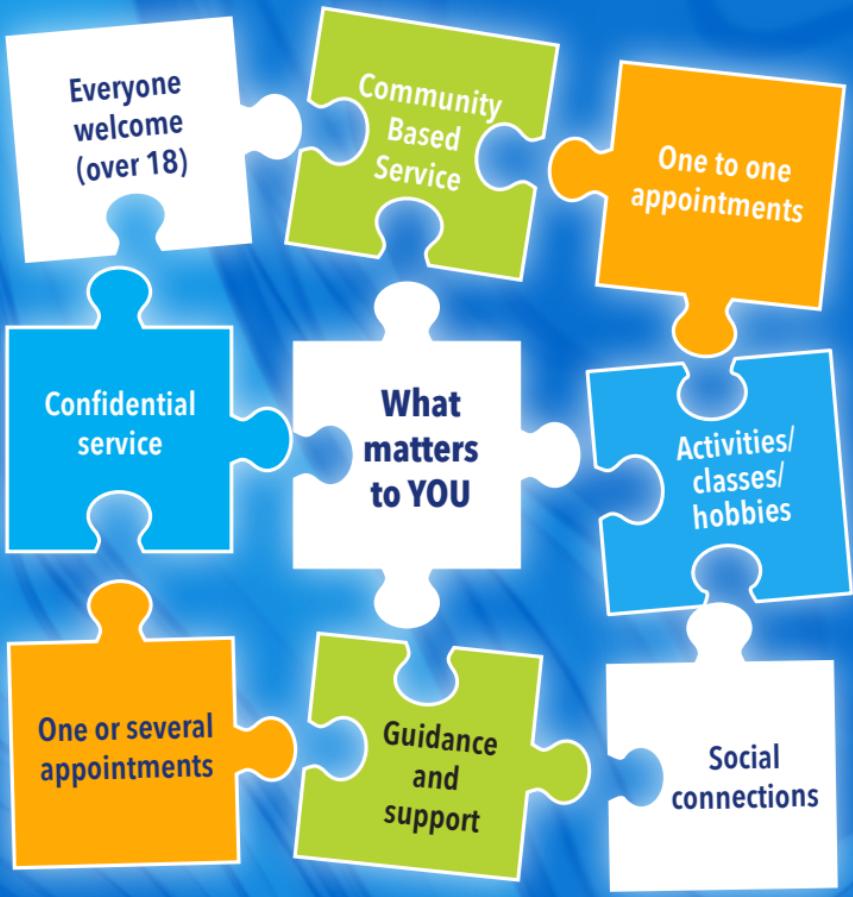
# North Cork Social Prescribing Service



Are you open to explore activities, meet new people, feel more connected and improve your health and wellbeing?

To hear more about this **FREE** and confidential service, contact your local **Social Prescribing Link Worker**

Eithne Foley  
Le Chéile Family Resource Centre, Mallow  
Phone: 087 7193257.  
Email: [linkworker@lecheilefrc.ie](mailto:linkworker@lecheilefrc.ie)  
Web: [www.lecheilefrc.ie](http://www.lecheilefrc.ie)



To find out more about this or other Social Prescribing opportunities in Cork and Kerry, scan this code or call your local Social Prescribing Service.

This service is a part of the Health & Wellbeing Community Referral Programme. Social Prescribing Cork/Kerry and funded by the HSE and supported by the Family Resource Centre National Forum.

